

SANDY MENZDORF EARNS 5 MILLION MILER AWARD AFTER 48 YEARS AND 7 MONTHS

Sandy Menzdorf learned to drive at the age of eight in his Grandfather's nineteen year old, 1934 Ford pickup. Forty-eight years and seven months later, Sandy is still driving for Central Freight Lines, the first company he ever worked for.

What is so amazing about Sandy's story is that he has accomplished what few professional drivers are able; he has logged over 5 million miles of accident free driving to earn him the 5 Million Miler Award.

It was not by accident that Sandy came to work at Central Freight Lines. His Father drove for Central, his brother and uncle were all part of the Central Family. At age 16, once his Dad signed a release, Mr. Woody Callan, the original owner of Central Freight, welcomed Sandy into the fold.

If there was a test to Sandy's resolve, it was working on Central's dock 6 days a week for 80 cents an hour. His good work ethic and an unexpected opportunity resulted in a promotion to spotting trailers in the yard. Sandy's dock supervisor at the time had some very basic advise for him "don't tear up anything"!! Four years and nine months later he was driving P&D for Central until he received a letter from the Selective Service in May of 1967. Sandy joined the Army and served in Viet Nam from August 1968 till September 1969. He was assigned to the motor pool where he drove supply trucks for the military.

When Sandy returned to Texas he was again driving at Central Freight Lines in the city for another 5 years where he earned his first of many Safe Driving Awards.

Back in Texas Sandy met and married his wife Dorothy on December 4, 1970 and went on to raise a family that includes his sons Randy and Shawne and daughter Tonya. Sandy and Dorothy will be celebrating their 40 year wedding anniversary this December.

With a total of 5,375,000 miles and 43 years of safe driving in line haul under his belt Sandy was asked the key to his success. "Driving a run is like a football game, says Sandy, you must be on the defense 100% of the time. If you have a great defense, you will win the game...and go on to the title. I call my 40 Year Safe Driver Ring my Super Bowl Ring... it is as large as a Super Bowl ring and it is as unique because I have the only one ever issued"

"My priorities are God, my wife and common sense. On the road you have to rely on common sense, if you feel there is a problem, listen to yourself, says Sandy. I am looking forward to my 50 years with Central Freight Lines, and am already planning the celebration for December 5, 2011, which will be 50 years to the day."

Don Orr, President and CEO of Central Freight, congratulated Sandy "You are the backbone of our company and a role model for every driver we have today. A company does not sustain itself for 85 years without the dedication, loyalty and perfection of skills of drivers such as yourself, and for that we thank you." said Don.

Sandy enjoys grilling and is a pretty good cook. Even with his culinary skills he has managed to lose over 40 pounds by dieting and walking on the treadmill at least 3 times a week.

Sandy's picture is a testament to all the awards and citations he has earned during his 48 years and 7 months with Central Freight Lines.

Central Freight Lines is a privately held Common Carrier providing service to 49 States. Headquartered in Waco, Texas, Central Freight Lines has a rich history of providing transportation to emerging businesses and Fortune 500 industry leaders since 1925. We continue to provide logistic solutions that create value to our customers. To learn more, logon to :www.centralfreight.com